

San Mateo Union High School District

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Graduated Academic Re-Entry Plan Following a Concussion

Name of Student: _____

Date of Injury: _____

Students should slowly re-enter academic activity following the diagnosis of a concussion. A student who is removed from practice or competition for, and subsequently diagnosed with, a concussion will be afforded the following accommodations until he/she is cleared by his/her licensed health care provider.

Administrators, teachers and staff should:

- Offer extended time to take tests;
- Allow time to visit school health office for treatment of headaches, when requested;
- Provide written instructions for homework;
- Provide repeated or slow presentation of new information;
- Offer extended time to complete assignments;
- Allow permission for student to attend school half days; and
- Allow a space to take naps at school.

Other possible accommodations include, if appropriate:

- Seat student near the teacher;
- Avoid distracting stimuli in class;
- Stand near student when giving directions or presenting lessons;
- Present written information in large print;
- Provide modified and/or supplementary materials;
- Provide peer note taker;
- Allow audio, visual or computer equipment to be used;
- Provide visual aids and/or a written outline;
- Break long presentations into shorter segments;
- Shorten/reduce assignments;
- Simplify complex directions
- Give “take-home” tests;
- Give tests orally;
- Encourage use of a highlighter;
- Provide peer assistance with organization and assignments; and/or
- Allow for short breaks between in-class assignments.

A temporary impairment (with an actual or expected duration of six months or less) can be a disability under Section 504 if it is severe enough that it substantially limits a major life activity for a student. The duration (or expected duration) of the impairment and the extent to which it actually limits a major life activity for a student should be the key considerations. The issue of whether a temporary impairment is substantial enough to be a disability must be resolved on a case-by-case basis. When the school has reason to believe that a student has a concussion that substantially limits one or more major life activities, the student should be referred for a determination of eligibility under Section 504.